



The Border Crossing

September - October 2025

Bi-Monthly Newspaper

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MD19 Lions Office, 4141 Bennett Drive, Bellingham, Washington 98226
 MD19 Website: <http://www.lionsmd19.org>

Phone (360) 733-4911
 Editor: Rebecca Anderson Email: bordercrossing@lionsmd19.org

Email: md19lions@lionsmd19.org
 Web Master: JD Nellor Email: jd@nellorlaw.com

Leadership Corner

By Debbie Bostock, MD19 GLT

The transition from summer to fall has been swift. I trust everyone had both an enjoyable and productive summer season.

Within our districts, several workshops for club officers have already taken place. I would like to extend my appreciation to all Lions who facilitated these sessions, whether in group formats or by providing one-on-one support to officers in need of guidance. Considering the vastness of our Multiple District and the distances involved, it is admirable to witness leaders proactively addressing local needs.

I encourage you to reflect on this question: Is leadership an inherent trait? Specifically, does the saying "He's a born leader" hold true? Research and observation indicate otherwise. Leadership is a skill that can be cultivated. Often, those perceived as "born leaders" are individuals who were given leadership opportunities earlier in life, possibly through parents or mentors. The difference tends to arise from early exposure rather than innate ability.

Everyone has the capacity to develop leadership skills, though many may not have yet encountered environments that foster learning and practice. Both quality instruction and practical application are essential for growth. Our Lions Clubs provide an excellent environment for nurturing and applying leadership talents. Serving on your club's board, leading projects, or presenting on relevant topics all serve as valuable avenues for personal and professional development. Remember that your fellow Lions are committed to supporting your success as you embrace new challenges and broaden your experience.

Attend conventions, meetings, or visit other clubs to observe leadership firsthand and discover opportunities to grow into a leadership role. Taking small steps can lead to significant progress.

If I can be of any assistance please do not hesitate to contact me: debbie.bostock@gmail.com

Link to More Information

Explore How LCIF Grants Can Help You Serve
<https://www.lionsclubs.org/en/lcif-grants-toolkit>

USA/Canada Lions Leadership Forum
<https://members.lionsforum.org/>

CARE Program
https://youtu.be/Md8S_XSXIw

Wondering about the future? Look here
<https://lionsmd19.org/calendar.php>

Lions Quest Canada
<https://www.lionsquest.ca/>

Lions Camp Horizon
<https://lionscamphorizon.org>

Lions Member Resource Center
<https://www.lionsclubs.org/en/member-resource-center>

Lions Virtual Events Center
<https://www.lionsclubs.org/en/virtual-events-center>

Lions International Calendar
<https://www.lionsclubs.org/en/resources-for-members/lions-events-calendar>

Lions Easter Seals Camps - BC/Yukon
<https://www.eastersealsbcy.ca/summercamp/>

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MD19 Council Chairperson

Steve Brooks

At our just completed Fall Council of Governor's Meeting, we were honored to have International President A. P. Singh and his partner in service PID Sanjeeta Jatia join us via Zoom from India. Also on the Zoom meeting was our own ID Mark Mansell and his partner in service PDG Debbie Mansell. ID Chris Carlone and his wife Kathy were in person for our meeting as they were there to attend District 19-I convention that followed our Council of Governors meeting. All of our International Leaders were very inspiring.



President Singh had clearly done his homework on MD19, reviewing each district's five-year trend, looking at service from clubs within each district, and reviewing goals submitted by each of our District Governors. The one thing that impresses me about President Singh is he has a wealth of information and truly wants Multiple District 19 to succeed and has offered to help us in any way possible to reach our Mission 1.5 Goals. Each District Governor was given an opportunity to talk about their district and answer questions for President Singh. It was definitely a very positive conversation with our International President.

October is the month that clubs are asked to do a service project around Mental Health and Well Being. The Council of Governors decided to lead by example. After the pre-council meeting members of the council had fun painting rocks with inspirational messages. A total of 84 rocks were painted and then on Saturday afternoon they were placed along the trail that was used for the Strides Walk as part of District 19-I convention. I am really proud that our Governors are willing to set the example of how to have fun and lift someone else's day when they walk on the trail.

MD19 was asked if we would apply for a LCIF Matching Grant of \$25,000 Canadian to help with room renovations at Easter Seal House near Vancouver BC. Easter Seal House was built in the 1980's with help from the BC Lions Society for Children with Disabilities. Rooms at the house are in need of modernization and this grant and matching funds will help remodel two of the six remaining rooms. The nice thing about applying for this grant is through the generous donations of four clubs in Districts 19-O and 19-I the matching funds are already on hand. I received notice from LCIF that our application has been received and will be reviewed at the October LCIF Board Committee meeting.

I am well aware that many clubs are doing service in their communities but thus far only 42% of the clubs in MD19 have reported any service so far this year. While many clubs are not holding meetings over the summer, they are busy helping others. It is essential that clubs report their service activities in the Lions Portal as Club Excellence recognition by Lions International has changed this year. Lions International will be looking at the Portal to determine what if anything the clubs are doing. If nothing is reported than Lions International thinks the club is doing no service.

As your Council Chair, I had the privilege to attend the 80th Charter Anniversary celebration of Nelson Lions Club in Nelson BC. This club has attracted several younger members and had a celebration with a picnic in the park. It was inspiring to see many members have their families in attendance and the kids all having a good time in the park.

Following Nelson I went to the Charter Night event for the East Vancouver Leo's Club and had the distinct pleasure to install their first officers. This Leo Club formed in June are off doing great things for their community. At Charter Night they presented a cheque for \$10,000 Canadian to the Richmond BC Hospital. The Leos raised the money in a matter of a couple months and know it will be used to help the hospital. Seeing the dedication and determination of these younger members to our community to do great things is a lesson we all can learn.

Members across MD19 never ceases to amaze me on what they can do! It looked like we were going to have to cancel having a MD19 Northwest Lions Leadership Institute (NWLLI) for the 2025-2026 Lion year. As word started getting out that it was not going to happen a small group of Lions lead by PZC Roger Chevrier called and asked if they can help put it together. In less than a week, Roger and his team of Lions have put together a location and secured a hotel to have it in Chilliwack BC. Our grant application to Lions International has been submitted ahead of the October 15th deadline. Dates for NWLLI will be June 5-7, 2026. More information will be made available as plans are firmed up.

I want to encourage our clubs to be looking at ways to grow our organization by increasing the service they do in their respective communities. Look at alternative ways to promote your club activities and have membership applications available at all projects. Don't be afraid to ask someone to join your club by inviting them to participate in a project. Younger people don't necessarily want to go to meetings but want to do things to help improve the environment, help with hunger, or assist those in need. If every club in MD19 were to add two new members we will have add 680 new members by the end of the year.

Steve Sweeney - District I

Steve Sweeney retired in July 2010 as a Deputy Chief of the Vancouver Police Department. He was commanding the Operations Support Division, which included a number of specialty units such as Emergency Response, Criminal Intelligence, Covert operations, Gang Squad, Drug Squad and the Emergency & Operational Planning Section.



In addition to those responsibilities, he also spent the last four years of his career as the officer in charge of planning and operations for the Vancouver Police Department's role in policing the 2010 Winter Olympic and Paralympic Games.

Steve was invested as a Member of the Order of Merit by Governor General Michaëlle Jean in 2010.

Since retiring, he has worked for both Elections BC and Elections Canada. At Elections Canada he was a Field Liaison Officer. With Elections BC he is a Regional Field Officer.

Steve joined the North Delta Lions Club in the late 1990's and served as club president for one term. Upon retirement, he and his wife Shelley moved to Peachland and they both joined the Peachland Lions in 2010.

Steve was the Peachland Lions Club president from 2021-2024 and served as the Zone Chairperson from 2021 – 2024. Shelley is the current Zone Chairperson District I-9

In early 2024, Steve was appointed as the Second Vice District Governor due the incumbent's sudden resignation. He was subsequently elected as the First Vice District Governor for 2024/25. Steve is looking forward to working with DG Chuck Robinson and visiting as many Lions Clubs as possible. In July 2025 Steve assumed the District Governor position.

Aside from the Lions, Steve and Shelley enjoy travel and time with their three children and five grandchildren. Steve is also a beekeeper, guitar player and amateur radio enthusiast.

CARE

By Bob Yeoman, MD19 CARE Chairperson

Cooperative Assistance and Relief Everywhere.

It is crucial to strengthen initiatives that ensure proper nutrition for school age children, promoting better physical and emotional health and their ability to learn. For this reason, CARE is working with the government of Guatemala on various interventions including a school feeding program. However, challenges exist that must be addressed to safely provide students with school meals and snacks. Most schools in Guatemala City have inadequate infrastructure and fail to meet the minimum requirements for spaces suitable for food preparation. Moreover, schools currently lack appropriate kitchens for food preparation, do not have dining areas and lack handwashing facilities that promote food safety in the distribution process. Additionally, they lack the necessary equipment to promote the consumption of safe water for the preparation of school lunches.

With funding from MD19Lions, CARE proposes to improve the infrastructure of schools in Guatemala City so that meals can be provided in a clean, safe environment where basic food safety and sanitation guidelines are followed.

With a grant of \$40,000 from Multiple District 19 Lions, CARE aims to work in 12 schools benefitting 3,018 children in Guatemala City, by doing the following. 1) Improving water purification systems, 2) Installing hand-washing units and 3) constructing bathroom facilities for Boys and Girls.

Asking that every District, Zone and Club to help support this MD19 project that our District Governors approved earlier in the year. Last year we donated over \$44,000 and I have asked each District Governor to exceed last figures by 10%. The District Governor with the biggest percentage increase in donations over last year will be awarded a Gordon F Smith Fellowship, along with another award.

The Gordon F Smith Award can be earned with a \$500.00 donation in this fiscal year by either the club or an individual. The fellowship must be requested by the club prior to the end of this current fiscal year.

LITPC Offers Scholarships - By DG Mary Ellen Sherer, 13-OH3, LITPC Board of Director Member

Lions International Trading Pin Club (LITPC) offers eight scholarships. LITPC offers scholarships each year and for 2026 we will be giving out eight (\$4,000 US Dollars) scholarships. More information for these scholarships will be sent out in September. The Scholarships will be given out next June to graduating High school students. The Students must be a child, grandchild of a current Lion member or they could be a current Leo member.



Share the Joy! Spread the Word!

KOTB Holiday Broadcast Invitation & Call for Performers!



Celebrating the Season Through Talent, Faith & Culture

Saturday, December 13th at 2:00 PM PST

This holiday season, the Lions MD19 Knights Of The Blind (KOTB) Committee invites blind and low vision individuals of all ages to share their voices and creativity in a joyful virtual celebration. Whether your holiday spirit shines through music, poetry, or storytelling, we want your unique expression to be part of this festive tradition!

Attend Broadcast By this ZOOM Link: <https://us02web.zoom.us/j/84343417052>



Interested in Performing?

We welcome:

- Family-Friendly, Holiday-themed songs, poems, or stories celebrating your culture or faith traditions (up to 5 minutes) *The Holiday YOU celebrate in December – Christmas, Hanukkah, Kwanza, Family, etc.*



Submit your entry early — space is limited!

Performers Register using this link to google form and submit no later than **12/10/25**:

<https://forms.gle/A3WFRwZNzm9Sd8wM9>

- Accepted formats: MP3 for audio only. MP4, MOV or AVI format for video and audio.
- A photo can be included if no video is available.
- Brief self-introductions (**FIRST NAME ONLY**, PLEASE, location, age if under 21 — within 30 seconds)
- A short connection to your holiday or cultural tradition
- Please also include a short paragraph bio to help us introduce you personally.
- Directions for uploading your recording will be emailed to you from KOTBXmas@hedstrom.ws upon receipt of your entry.



Questions? Contact: Joanna Jones Email: jonesdrj@gmail.com (605) 450-0121

Let your light shine this season

— **whether as a performer or as an encouraging audience** —

be part of a celebration that embraces joy, diversity, and the power of community.

Invite your friends and family to watch, support, and celebrate with us!

Service Carnival and Vision & Hearing Resource Fair

By Lion Colette Arvidson

Part of the Helen Keller 2.0 Challenge! Vision & Hearing Resource Fair, 20 info-packed vendors, eyeglass sorting for those in need, fun games. It's an awesome fun day. fun + service = impact!

This important event is designed to raise awareness and offer educational resources related to vision and hearing health. The fair also proudly promotes the Helen Keller 2.0 Challenge, marking 100 years since Helen Keller's historic challenge to the Lions to become "knights of the blind."

Vision and Hearing Resources Fair, proudly organized by a dedicated committee of Lions and Canadian Council of the Blind (CCB): Colette Arvidson (Multiple District 19O/CCB/WCB), Charles Bailey (Multiple District 19O/CCB), Georgia Medwedrich (Multiple District 19L), Bill Scholl (Multiple District 19N), Ann McNabb (CCB), Bill Conway (Multiple District 19L/CCB) and Jocelyn Wan (Multiple District 19L), Alec Wong (19L) And couldn't have done it without the help of the Leos, and local Lions as well!

Any other Canadian Lions interested in learning more about the resources available to Canadians experiencing loss of vision, contact Colette.Arvidson@gmail.com, MD19 KOTB Committee for a copy of our Resource Fair list of vendors with a brief description of services provided by each as well as contact information. And if you'd like to have an event like this in your neighborhood, let us know and we will assist you in gathering your local representatives. We are fortunate to have members of the Canadian Council of the Blind and American Council of the Blind who are Lions as well! By learning about these resources, we can truly be Knights of the Blind in our communities!

For more photos and videos, see Jocelyn Wan's Facebook Page. Videos include: An overview of all the vendors, maneuvering an obstacle course blindfolded, attempting to use a white cane – Lion Bill and his Guide Lion Heart – effortless! Another blindfold challenge finding the paperclips buried in a bowl of rice.

Here are a few pictures:



MULTIPLE DISTRICT 19 PROCLAMATION

Multiple District 19 Proclamation October 15, 2025, as White Cane Awareness Day and The First Full Week of February 2026, as White Cane Week

WHEREAS, since 1925, when asked to champion the blind by Helen Keller, Lions Clubs International has a long history of serving the blind and visually impaired. We remain committed to this mission into the next century.

WHEREAS, Lions Clubs International Global objective for VISION is, "prevent avoidable blindness and improve quality of life for people who are blind or visually impaired."

WHEREAS, the white cane, which every blind member of Multiple District 19 has the right to carry, demonstrates and symbolizes the ability to achieve a full and independent life and the capacity to work productively in local, District, Multiple District and International service; and

WHEREAS, the white cane and/or dog guide, by allowing every blind person to move freely and safely from place to place, makes it possible for the blind to fully participate in and contribute to our society and to live the lives they want; and

WHEREAS, every citizen should be aware that the law requires that motorists and cyclists exercise appropriate caution when approaching a blind person carrying a white cane; and

WHEREAS, Multiple District 19 recognizes our blind members as individuals with productive capacities and skills; and

WHEREAS, Since 1946, thanks to the Canadian Council of the Blind's Initiative, the first full week of February has traditionally been celebrated as "White Cane Week" in Canada; and

WHEREAS, Since 1964, the President of the United States and later the World Blind Union designated October 15th as White Cane Safety Day and White Cane Awareness Day;

NOW, THEREFORE, I, Steve Brooks, Council Chairperson of Multiple District 19, do hereby proclaim

October 15th as WHITE CANE AWARENESS DAY And The First Full Week of February as WHITE CANE WEEK

in Multiple District 19 and do call upon our local Clubs, Districts, and Multiple District to offer full opportunities for training to blind persons; to utilize the available skills of competent blind persons and to open new opportunities for the blind in our rapidly changing society; and upon all members to recognize the white cane and dog guide as tools of independence for blind pedestrians on our streets and highways.

Multiple District 19 Council of Governors

Steve Brooks, Chairperson

Date



*MD19 Annual Convention
in Wenatchee, WA over the US Memorial Day Weekend
“Celebrating the Fruits of Service”
May 23rd & 24th, 2026*

Training Fri/Sat ~ Convention Sat/Sun ~ Enjoy surrounding area Monday



Lions – This is your chance to be true Knights Of The Blind!

Volunteers Needed to be sighted-guides
at Washington Council of the Blind Convention



October 30 to November 1, 2025 – one or more 4-hour shifts
Double Tree Hotel by Hilton, 18740 International Blvd, SeaTac

For further details and to pick your shift contact either:
Linda Wilder: (253) 691-6860 ~ Lindasuewilder@msn.com
Colette Arvidson: (360) 391-5880 ~ Colette.Arvidson@gmail.com
Use subject line for emails: Lion Volunteers

Vital Information

CLUB DUES: MD19 First Half Dues for 2025-26 are past due. If the Treasurer or Secretary/Treasurer did not receive a dues statement, please contact the MD19 Office.

CLUB OFFICER CHANGES: Please inform the MD19 Office right away when there is a change in your club President, Secretary or Treasurer. The new officer information will be included in the Cut-n-Paste section of the MD19 Website. We do not receive the information from LCI when you only post a change on the LCI website.

SUBMITTING THE CLUBS' WMMR: Club Secretaries only need to submit their club's WMMR if there are membership changes to be reported. There is no need to contact the MD19 Office to let us know there are no changes.

ZONE MEETINGS (District Governor Advisory Meeting): You probably have attended your first zone meeting for the 2025-26 year, whether in person or as a Zoom Meeting. Zone Chairpersons are required to report which Presidents and Secretaries (and Alternates if applicable) attended the meeting. **It is important** that you also record your club's attendance at the zone meeting on your Club's Monthly Visitation Form, indicating that the President and Secretary were in attendance. **This is only in case the Zone Chairperson does not send in the required report.**

MD19 2025-26 Roster: We no longer have hard copies of the current MD19 Roster. However, we do have the PDF version available. Please contact the office for a copy to be sent to you via email. We will also include the most recent cut and pastes for corrections and additions to the roster.

Visitations: As mentioned above, it is always a great idea to fill out the visitation form for zone meetings. We are encouraging clubs to start doing club visits once again. The Visitation form can be found on the MD19 Website: <https://lionsmd19.org/forms.php> Rules for the Visitation, "Just Two-A-Month" Award is found here: https://lionsmd19.org/downloads/rules_two_a_month.pdf

Please Note: When checks are sent to the MD19 Office for donations, such as CARE or the Memorial Garden, etc., please write out separate checks, do not write one check to cover different donations. THANK YOU!

Candidates for Higher Office at the Zone & District level: Your letter of intent and your club's (Zone) letter of endorsement must be received by the MD19 Office, the District Governor, and your Zone Chairperson on or before December 31st. This is a Constitutional requirement!

Any Candidate for MD19 Vice Council Chairperson: Your letter of Intent, your Club's and Zone's Letter of Endorsement must be received by the MD19 Office, the District Governor, and the Vice District Governor on or before December 31st. Your district cabinet will also need to approve your endorsement. This is a Constitutional requirement!

Everson Member is Grand Marshall

By Lion Kellie McInnis

Everson Lions Club member Harry Anderson was selected as the Grand Marshall for the 2025 Everson Parade in July.

Lion Harry has been in the Everson Lions Club for approximately 40 years, has volunteered for the Everson Senior Center for 23 years, and for the Food Bank for 39 years. Lion Harry thoroughly enjoyed his experience as the Grand Mashall and is a beloved member of the community.

Funding of MD19 Border Crossing:

The salary for The Border Crossing editor is partially funded by a grant from the MD19 Lions Service and Leadership Development Foundation. This is an example of your leadership dollars at work in the Multiple District.

"LEADER"

A good leader
Knows the questions to inquire,
To assimilate and welcome all options
Surrounding one with many who inspire;

A true believer,
In the good we can do?
Joining together in common purpose,
Applauding one another, when through;

A good leader knows,
There is no 'I' in the word, TEAM,
And looks to others,
With a shared 'BE OF SERVICE' dream;

Always willing to face,
The challenges in all the days,
With encouragement and determination,
And give other's the praise!

A great leader,
Is these things and much more too?
An offering of himself,
As each journey in moment goes through;

We thank God for His leaders
Who hold an office of power and insight?
And pray for their protection,
And that each will sleep well, every night.

Robert J. Darrigan
DISTRICT N GLOBAL LEADERSHIP TEAM

JULY, 2025

Dedicated to my fellow LIONS
"BORN TO SERVE"



Pistol Pete Invitational

By Peter Anderson, MD19 Executive Director

We thoroughly enjoyed ourselves at the Pistol Pete Invitational IV last weekend. Lions from Clubs in Anacortes, Bellingham, Burlington, Everson, Ferndale Harborview, Gig Harbor, Lake Stevens, Lynden, Mt Vernon, Olympia, Snohomish, and Chilliwack B.C were actively engaged at the event—handling registration, providing information, sponsoring activities, and competing. Lion Peter Anderson shared, "I even had the privilege of helping a blind Lion shoot a gun for the first time in 43 years." Lion Andy, who is in his mid-70s and still teaches Soo Bahk Do (a martial arts discipline) as a 6th degree black belt, performed impressively. Any stray shots were due to Peter not aligning Andy properly. Once lined up, Andy demonstrated remarkable spatial awareness, consistently placing his shots in the same area as he had in his previous round. Lion Colette describes Andy's vision as looking through a soda straw that has a piece of waxed paper covering it.

The Invitational is a fundraiser for Parkinson's research, hosted by the Bellingham Central Lions club, supported by many other Lions and not yet Lions, held at the Skagit Shooting Range in Burlington WA. Shooting participants were grouped into two divisions: Gunslingers for competitive shooters and Plinkers for novices. Both serious and casual shooting and non-shooting participants were united by a shared commitment to supporting the search for a cure for Parkinson's Disease and other neurological disorders. With the support of participants, sponsors, the Range, Lions and not-yet Lions, over \$4,000 was raised to be contributed to the Michal J Fox Foundation for Parkinson's Research.

We will be shooting again October 11, 2026, come join us and can you say the words... Specialty Club?

If you'd like to donate: Visit <https://give.michaeljfox.org/team/773819>





You are cordially invited to the
50th Charter Celebration
of the
Lacey Sunrise Lions Club

Saturday, November 15, 2025
Social 5:00pm | Dinner/Program 6:00pm

Indian Summer Golf & Country Club
5900 Troon Lane SE | Olympia, WA

Semi Formal Attire | Dinner \$67 per person

RSVP & submit payment by November 1, 2025

Email: mlhine@comcast.net
Mail payment to: Lacey Sunrise Lions
P.O. Box 3629 | Lacey, WA 98509-3629

"Friends of the Garden" donations are always welcome from individuals or Lions Clubs. The Garden at MD19 office can't exist without contributions. Encourage your Club to budget annual support (\$1.00 per member would be spectacular!)

For more information, contact the MD19 office at 360-733-4911

MD19 STEP CHALLENGE

START
OCTOBER 6, 2025

A one-time \$5.00 participation fee, paid to your District Diabetes Chair, goes to Diabetes Camps in your area

30 Weeks of counting steps - submitted weekly

Last day to walk May 3rd, 2026

Updates posted in:
MD19 Diabetes Newsletter & Border Crossing

Open to Lions Members and Non-Members
(Family and Friends pay the one-time \$5.00 participation fee for steps to count)

All money raised
will send kids to
Diabetes Camps
in Canada
and USA

Winner announced at the MD19 Convention in Wenatchee, WA
weekend of May 23 - 24, 2026



CONTACT YOUR DISTRICT DIABETES CHAIR FOR MORE INFORMATION

District L: PDG Georgia Medwedich: gdalmaine@gmail.com

District I: Lion Linda Schaffrick: lindashaffrick@gmail.com

District O: Lion Michael Contreras: mikercv.nac@gmail.com

District N: TBD

District S: TBD



MULTIPLE DISTRICT 19 DIABETES CHAIR



Trying to get our clubs involved and motivated and thinking about Diabetes is a challenge, sometimes it works and sometimes it doesn't. As your MD Diabetes Chair, I hope to help you bring awareness to your clubs and communities about Diabetes. In doing so, let's take care of ourselves first! For the past few years the former District I and the new District L have worked at the "fitness" approach. I initiated a "Step Challenge" to all clubs. This was going along with my theme when I was District Governor "Step Up to the Plate", I asked clubs to join in and step up for Diabetes. Last year, CC Patty Allen-White approved of me taking this Multiple District wide, it was slow on catching on but I think once the "shoe" trophy was presented to the District winner, the other Districts thought why not us!

Step Challenge

I am challenging each of the five districts to participate in this step challenge. This year as last year I ask that each walker donate a participation fee of \$5.00 which will go toward sending a **child to camp in either US or CA**. All monies donated will be split by where the majority of the clubs are located and sent to either the Diabetes camps in the US or Canada.

How it will work

This will be a 30 week challenge with the winning District announced at the MD convention in May.

Each District or club will need a coordinator who will receive the total steps from each club in their District and forward to me each Monday of the 30 week challenge. *Something new this year, anyone can walk in this challenge! Your neighbor, friends, relatives, get them walking and reporting their steps to your coordinator, besides feeling better, submitting \$5.00 to a good cause, who knows, maybe one day they will say, "I want to join your club!"*

So tune up your Fitbit, I watch, pedometer and/or apps on your phones, get ready we are about to start!

Start to walk on **Monday October 6, 2025** (all weekly steps are from Monday to Sunday) report your steps to your club or District Coordinator, or even straight to me on the following Monday October 13. You will continue on like this for 30 weeks, I will send your coordinators, or clubs or whomever is designated encouraging words to share with you. I will send reports to the Border Crossing and District Governors to be shared of each District is doing. Last day walking **Sunday May 3, 2026** reporting to me on Monday May 4, 2026. The winning District announced at the MD19 Convention on May 24, 2026 in Wenatchee WA.

What the winning District will receive, BRAGGING RIGHTS and their Districts Name on the trophy!

PDG Georgia Medwedrich
Multiple District 19 Diabetes Chair
gdalmaine@gmail.com



Join MD19 Lions from Washington, Idaho, and British Columbia, for this international Hockey game between the Everett Silvertips & Kelowna Rockets!

Get ready for an evening of cool, fast-action hockey!

Beyond this exciting and thrilling game, we have an incredible reason to gather -- we'll get to hear the *talented Mira Arcilla* from Oak Harbor, and member of Washington Council of the Blind, sing both the United States and Canadian National Anthems! Mira has been making a name for herself all summer at venues like Evergreen Speedway and the Everett AquaSox, and now you can hear this rising Puget Sound star shine in November.



**Sunday, November 16, 2025
Angel of the Winds Arena
2000 Hewitt Ave Ste 200, Everett
Gates open 3 PM - Anthems at 4 PM - Game at 4:05 PM**

Purchase tickets in our block together from:

Brent Boon of Pacific West Music of the Blind

\$14 each \$12 if over 35 register (refund issued if applicable)

**Brent Boon Cash/Check @ 8210 207th St SE
Snohomish, WA 98296**

Electronic payments available through Zelle

Reserve by October 30th!



Zelle

**Invite friends, family, and colleagues – group seating available!
Questions? Brent.s.boon@gmail.com Sponsored by Pacific West**

Music of the Blind – pwmotb.com

**Come support the talents of your community
and enjoy a memorable night out!**

Special Olympics Event Needs Volunteers

We have a bowling competition in a few weeks, as well as a Healthy Athletes/Fit Feet screening, and we don't have nearly the number of volunteers needed to support it. Please take a look at your calendars and see if you're able to help us out.

Volunteers Needed – Special Olympics Washington Northwest Region Bowling Competition – BELLINGHAM

Sunday, November 2 (sub-regionals)
Park Bowl – 4175 Meridian Street, Bellingham 98226
Open shifts:

- Lane Monitor – ALL DAY (9:15am – 2:30pm) 10+ volunteers still needed
- Lane Monitor – AM Shift (9:15am – 12:00pm) 10+ volunteers still needed
- Lane Monitor – PM Shift (11:45am – 2:30pm) 10+ volunteers still needed

Lane Monitors: ensure that the athletes bowl in order, follow basic bowling etiquette, call for assistance from Lane Marshals/staff as needed, record and turn in scores, assist with presentation of awards. No sports experience needed.

Sunday, November 2 (Healthy Athletes / FIT FEET) Park Bowl – 4175 Meridian Street, Bellingham 98226

We are offering our athletes a free Fit Feet screening and are still looking for a few more foot specialists. Shift is 9:00am-1:30pm. If you are available to volunteer, please email sgreenwood@sowa.org and I'll help you register.

We also need additional volunteers to help check-in athletes. It is preferred that volunteers pre-register by following the instructions:

1. Pre-register at: <https://portals.specialolympics.org>
2. Click "Create an account" which will walk you through profile creation
3. Note: Your email activation code will be sent from "Microsoft on behalf of Special Olympics B2C Production." Please be sure to check your spam folder as well.
4. Enter the Volunteer Portal homepage to register for your preferred role and shift

If you have trouble with the registration portal, please email sgreenwood@sowa.org, include name, email, date of birth, and shift. The minimum age to volunteer is 11 – Youth ages 11-13 may volunteer with an adult alongside; Teens ages 14-17 may volunteer on their own. Adults may be assigned multiple lanes if not enough volunteer Lane Monitors.

**If you wish to register an adult/youth combo, it may be easier to just email the names and information to sgreenwood@sowa.org

Memorials for August 2025

L 11	Quilcene	Harold Prather
I 6	Moses Lake	Robin H. Hickock
I 7	Wenatchee Valley	Norma J. Abbie
O 3	Surrey Central	Wayne R. Passey
O 7	Anacortes	Carl E. Sundman
O 9	Seattle University Ballard	Ralph Gordon Smith
O 9	Seattle University Ballard	Shirley Towner
N 1	Poulsbo	Richard Prine
N 10	Hazel Dell	Patricia Ann Cantrell
S 3	Dayton	Terry D. Hoon
S 7	Moscow Central	M. William Stellmon
S 11	Sandpoint	George A. Van Rossum

Memorials for September 2025

L 13	Salt Spring Island	Mark Ritchie
L 15	Willow Point	Maureen Hall
I 5	Beaver Valley	Fred Lyle
I 12	Kamloops Aberdeen	Raymond Allan Schrader
O 8	Mill Creek Woodinville	PDG John Clinton
N 9	Longview Kelso Earlybird	Jacob Schloss
S 8	Ritzville	Michael Weber

Percentages of First Half Dues Paid for 2025-2026 September 2025

	DUES
19-L	69%
19-I	77%
19-O	90%
19-N	76%
19-S	81%

Special Donations 2025-2026

	LCIF	CARE
	PDG Breakfast at Chilliwack	\$65.00 CAN
19-N	PDG Emerson Bishop In memory of PDG Bill Ellis	\$200.00
19-O	PID & PDG Roger and Rosemary Richert In celebration of PDG Emerson's 90th Bday	\$90.00

MD19 Calendar of Events 2025 - 2026

2025-2026

Office Closed	Bellingham, WA	December 24, 2025-January 4, 2026
MD19 Council of Governors Meeting Lions Youth Exchange North America Forum	Zoom	February 6-7, 2026 February 25-28, 2026
District Conventions		
District 19-O	Surrey, B.C.	March 13-14, 2026
District 19-N	Tacoma, WA	April 10-11, 2026
District 19-L	Richmond, B.C.	April 10-11, 2026
District 19-L Leo Convention	Richmond, B.C.	April 12, 2026
District 19-S	Coeur d'Alene, ID	April 17-19, 2026
District 19-I	West Kelowna, B.C.	April 24-25, 2026

The Border Crossing
MD19 Lions Office
4141 Bennett Drive
Bellingham, WA 98226 USA

The future depends on YOU!
Ask someone to become a Lion!